

#RegionYouthToday

RISK BEHAVIOR OF YOUNG PEOPLE IN THE ILOCOS REGION

PART 2



University of the Philippines Population Institute and
the Demographic Research & Development Foundation,
Inc.

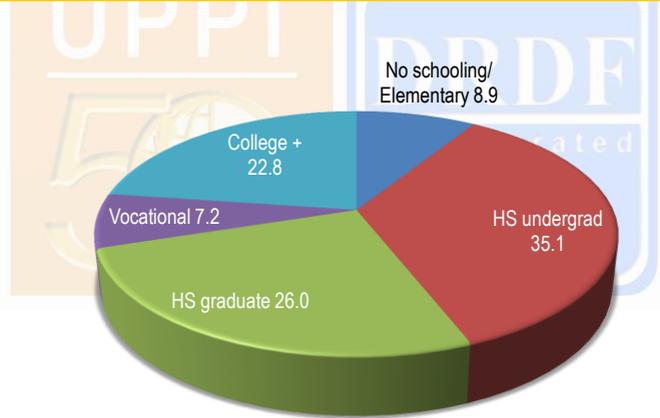
OUTLINE

- Part 2**
- Background characteristics of the youth
 - Media exposure
 - Health and Lifestyle
 - Nonsexual risk behaviors
 - Sources of information about sex and reproduction
 - Summary

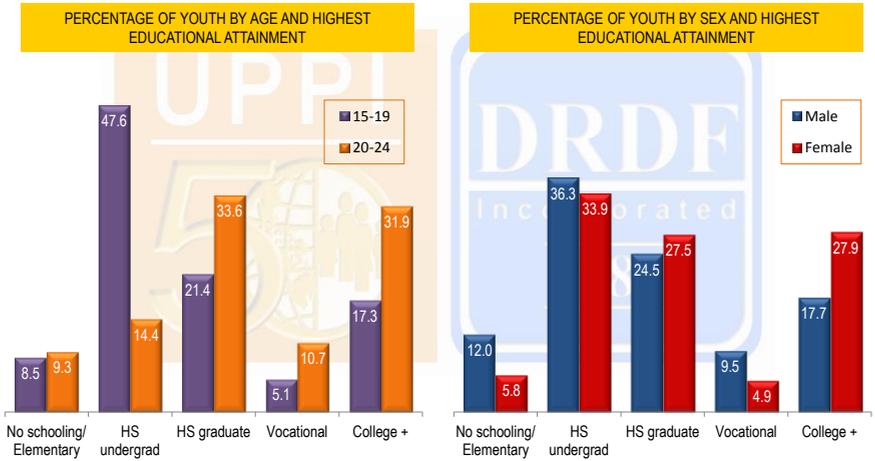


Close to 1 in every 4 Region I youth have at a College education

PERCENTAGE DISTRIBUTION OF YOUTH BY HIGHEST EDUCATIONAL ATTAINMENT



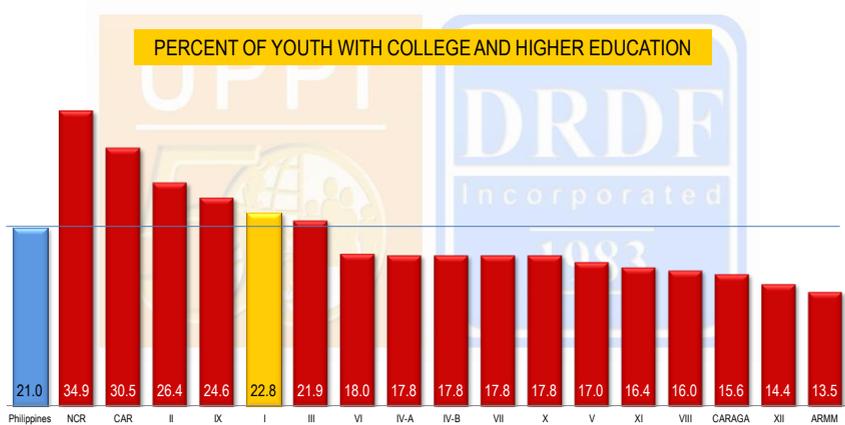
**Educational attainment increases with age;
More females have high school or have reached college**



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

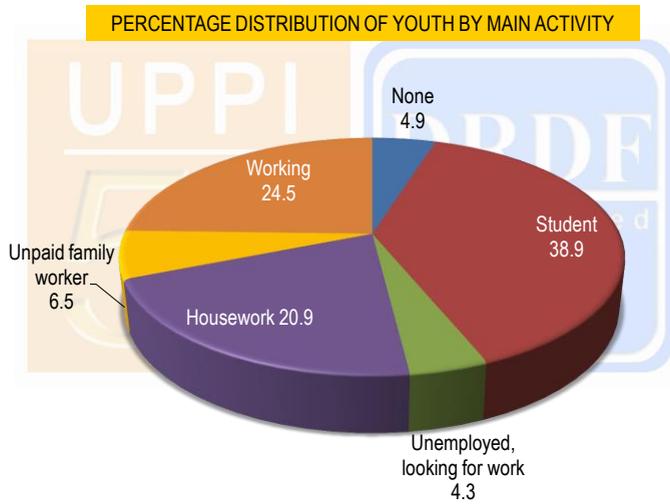
Proportion of Region I youth with college and higher education is the 5th highest in the country



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

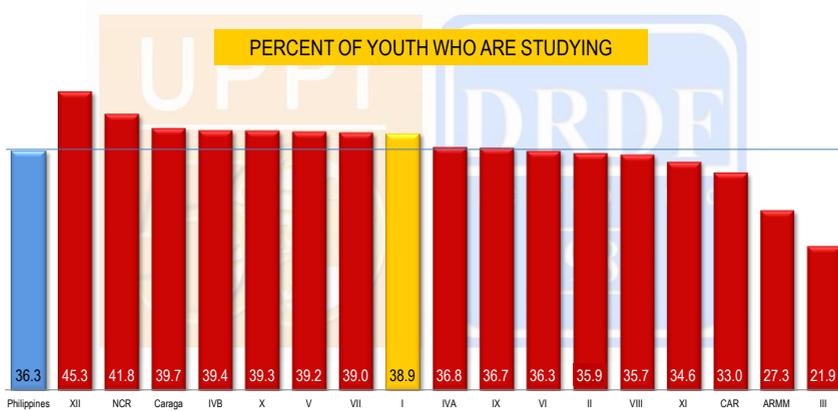
About 2 in every 5 of Region I youth are students



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

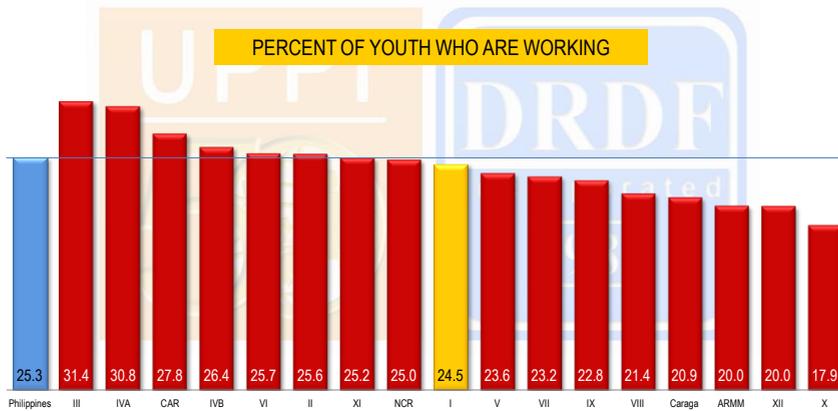
Proportion who are studying is higher than the national level



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

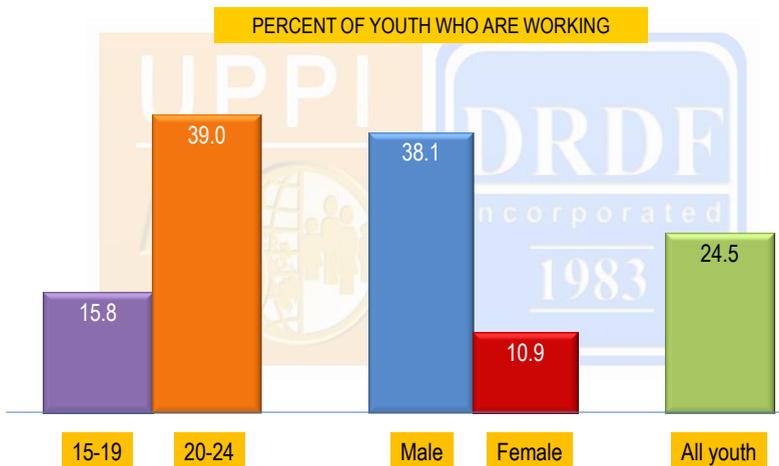
1 in 4 Region I youth is working



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

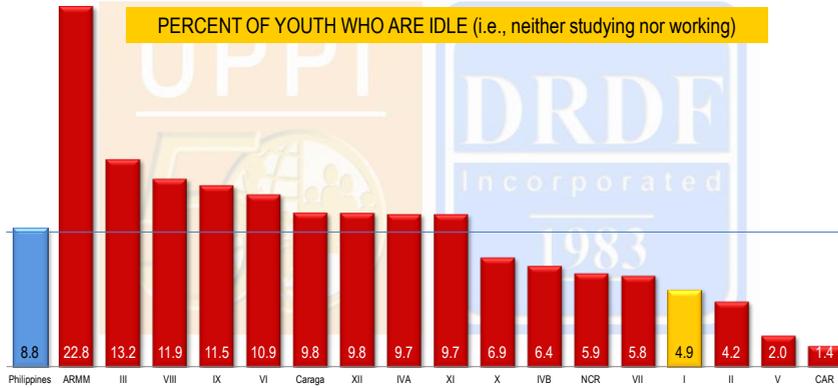
Proportion working is higher among age 20-24 and among males



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

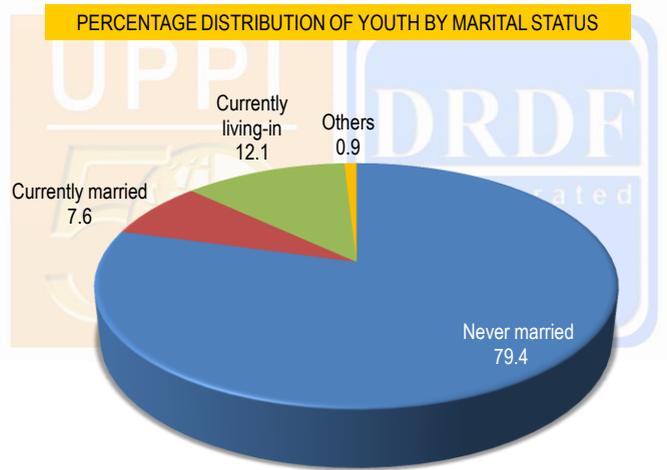
Region I has the 4th lowest proportion of idle youth



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

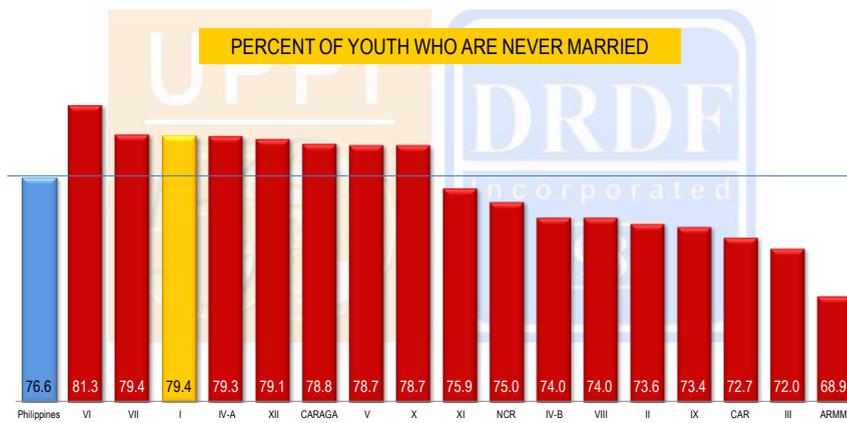
A great majority of Region I youth are never married or single



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

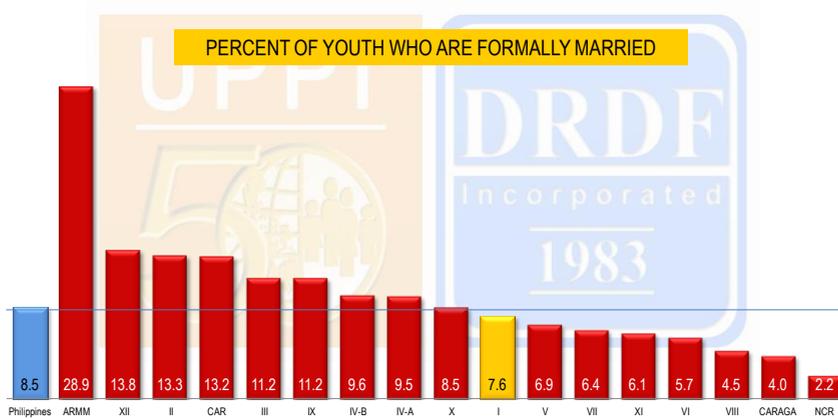
Region I has the third highest proportion of never married or single youth



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

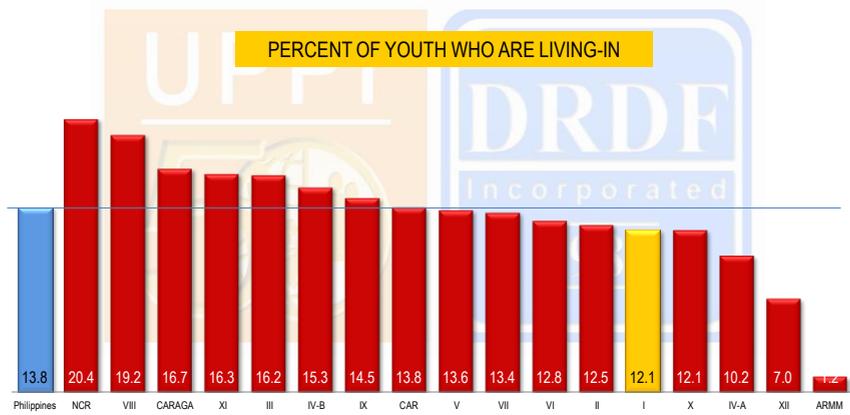
Proportion of formally married youth in Region I is below the national average



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

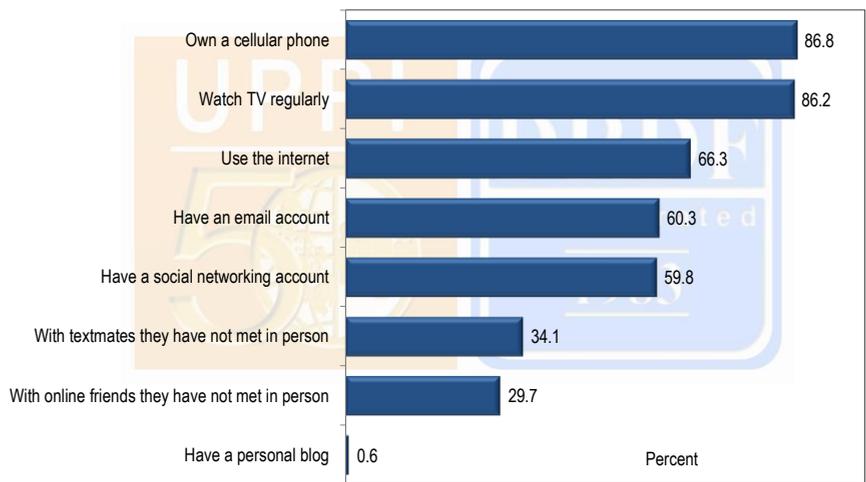
Region I has the 5th lowest proportion of youth who are in a live-in arrangement



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

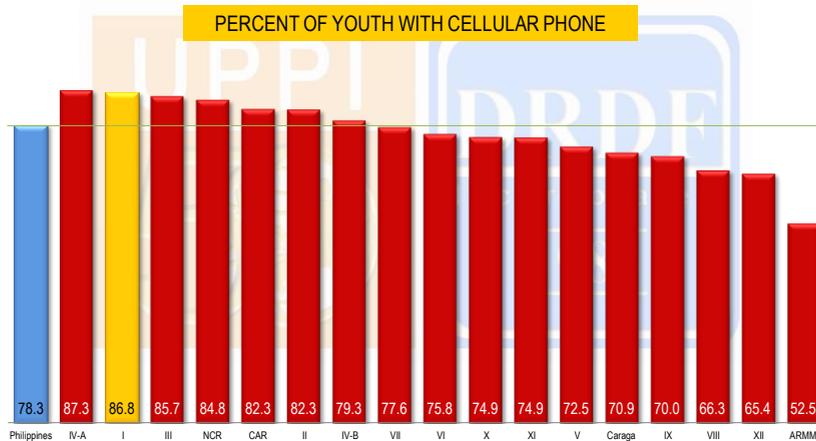
Region I youth are digitally wired



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

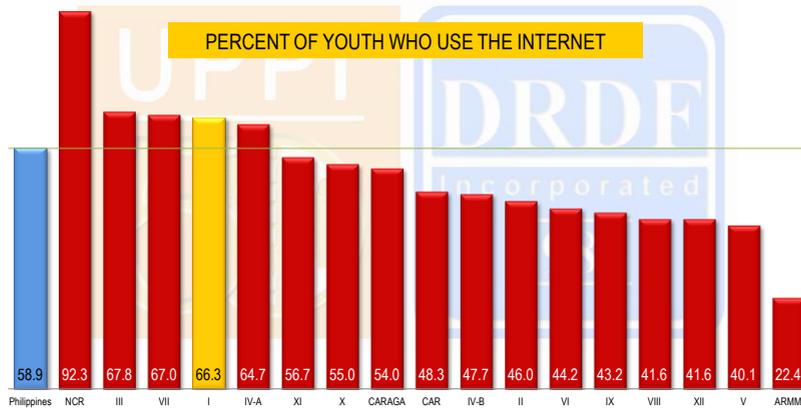
Proportion of youth in Region I who owns a cellular phone is 2nd highest



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

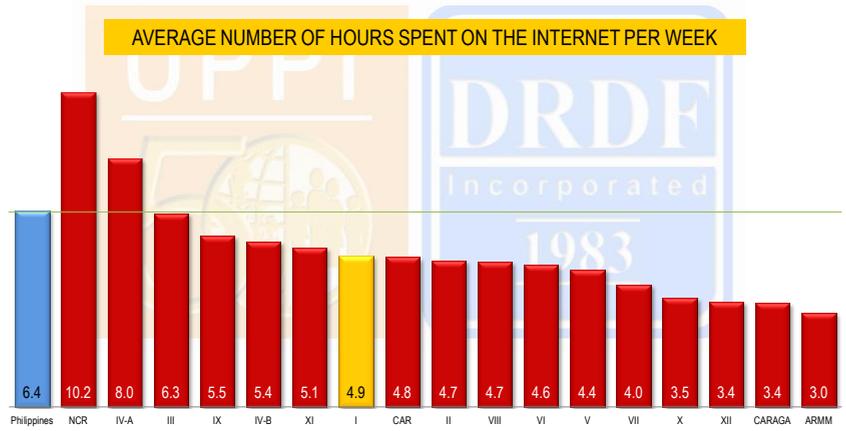
Proportion of Region I youth who use the internet is 4th highest



#YAFS4

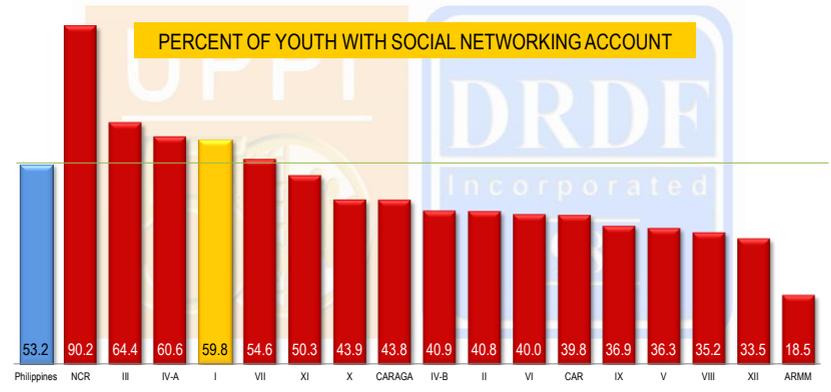
Demographic Research & Development Foundation • University of the Philippines Population Institute

**5% of Region I youth
spend 5 hours of their week online**



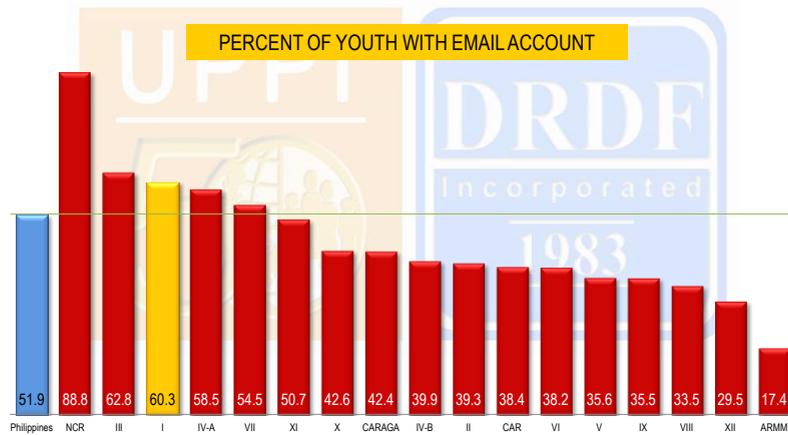
#YAFS4
Demographic Research & Development Foundation • University of the Philippines Population Institute

**3 in 5 Region I youth
have a social networking account**



#YAFS4
Demographic Research & Development Foundation • University of the Philippines Population Institute

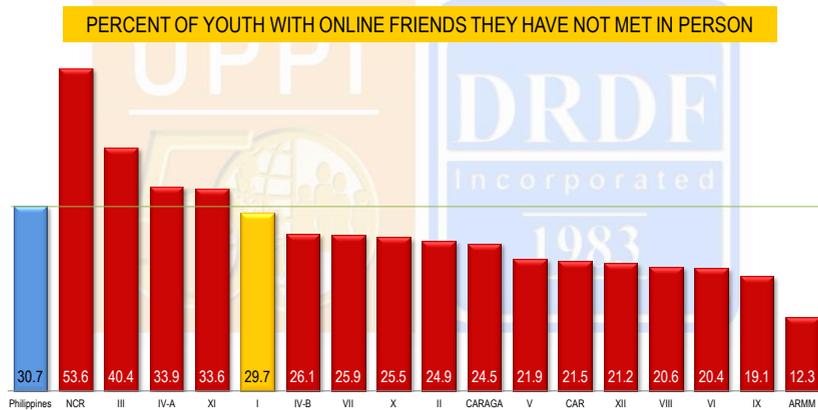
3 out of 5 Region I youth have an e-mail account



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

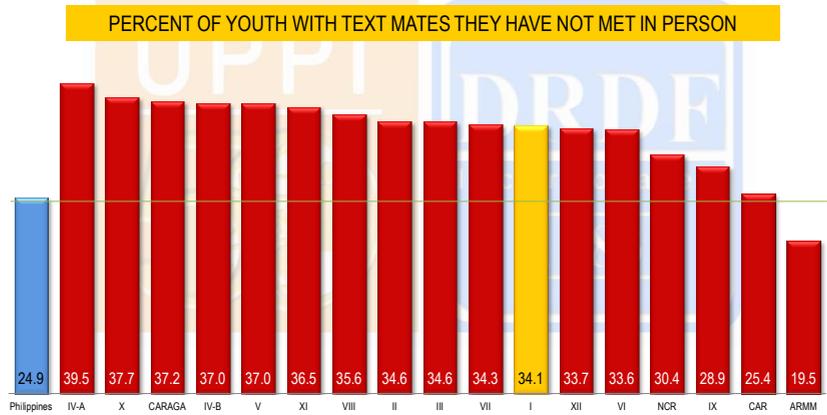
Proportion of Region I youth with online friends they have not met in person is 5th highest in the country



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

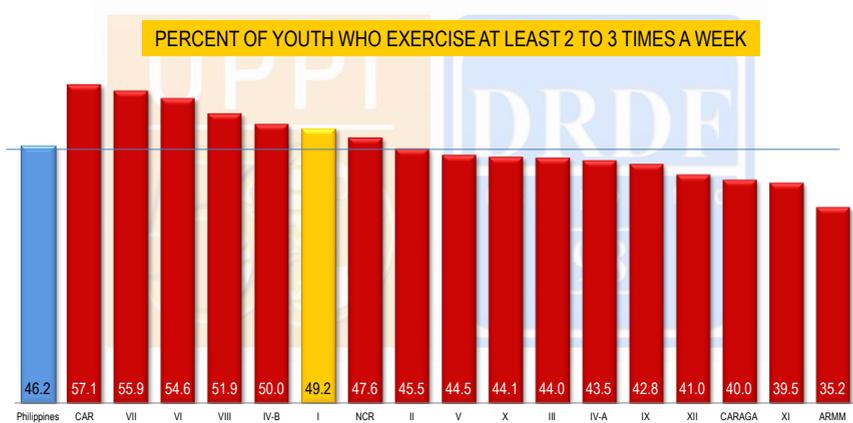
1 in 3 Region I youth has textmates he/she has not met in person



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

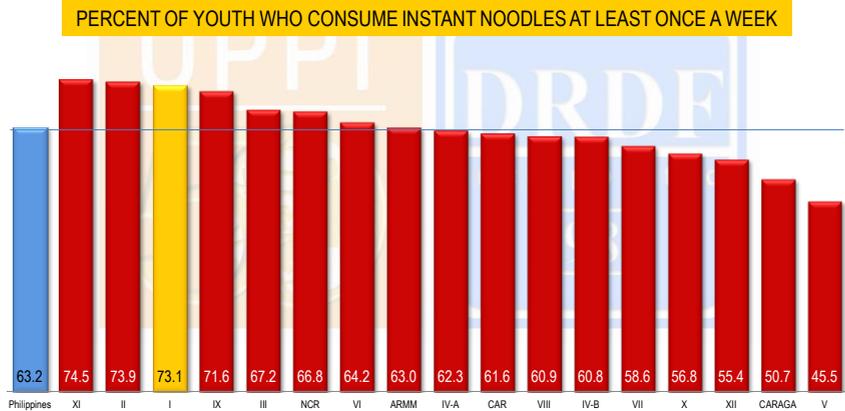
Nearly half of Region I youth exercise at least 2 to 3 times a week



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

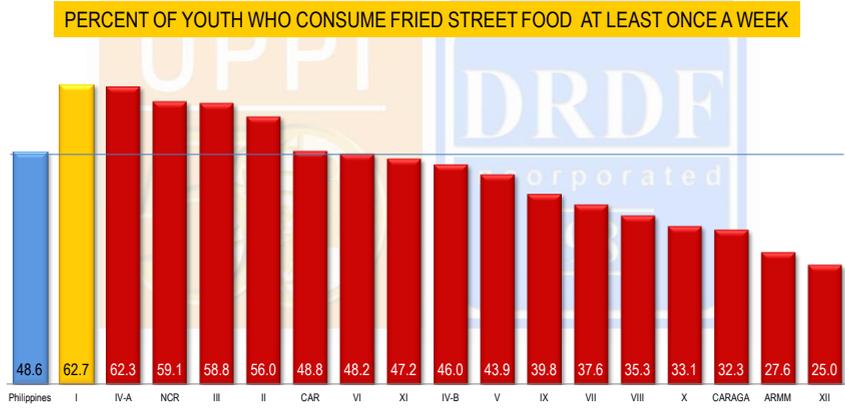
Region I has the 3rd biggest proportion of youth who consume instant noodles at least once a week



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

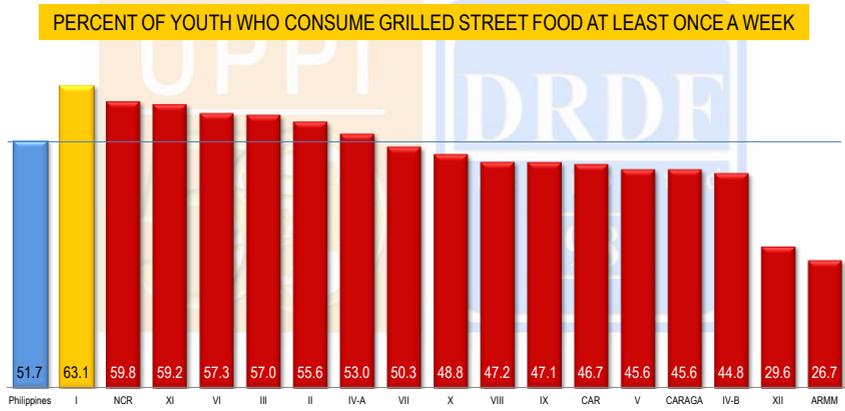
Proportion of youth who eat fried street food at least once a week is highest in Region I



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

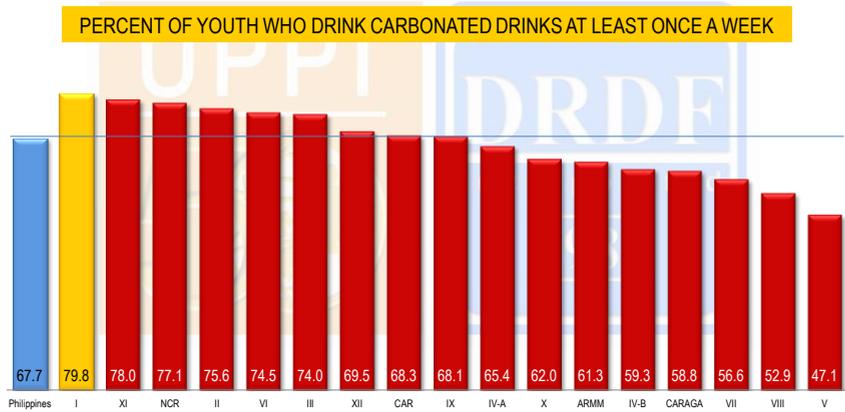
Proportion of youth who eat grilled street food at least once a week is highest in Region I



#YAFS4

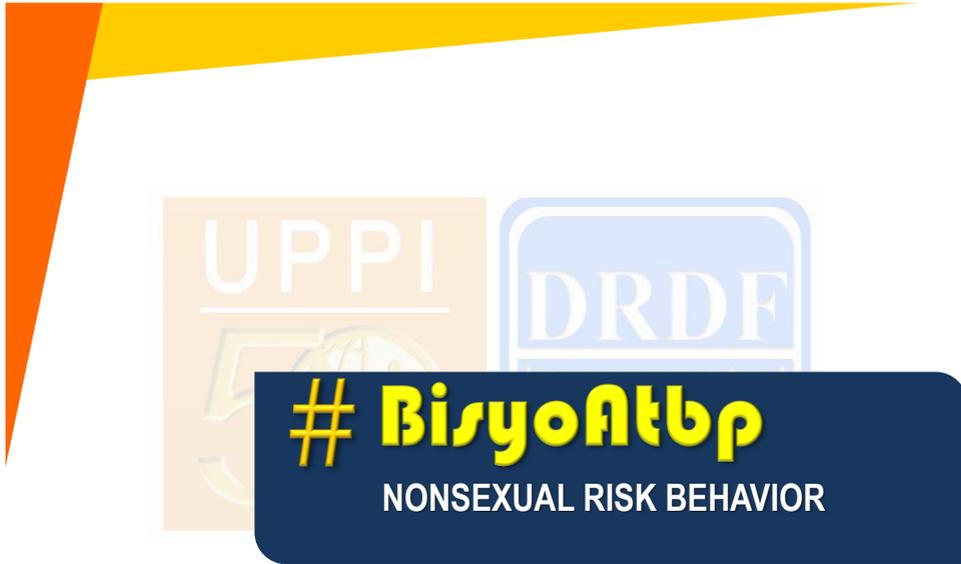
Demographic Research & Development Foundation • University of the Philippines Population Institute

Proportion of Region I youth who drink carbonated drinks at least once a week is the highest in the country

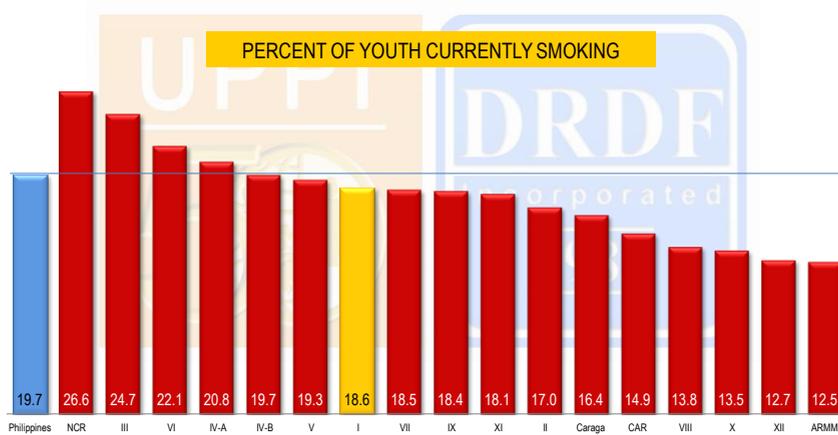


#YAFS4

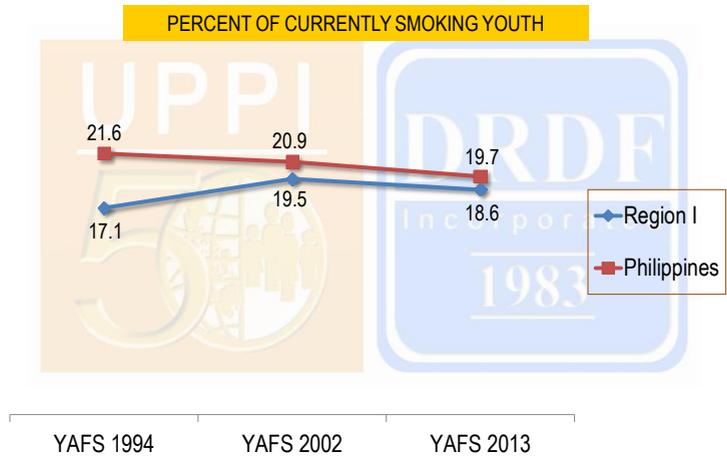
Demographic Research & Development Foundation • University of the Philippines Population Institute



About 2 in every 5 Region I youth are currently smoking



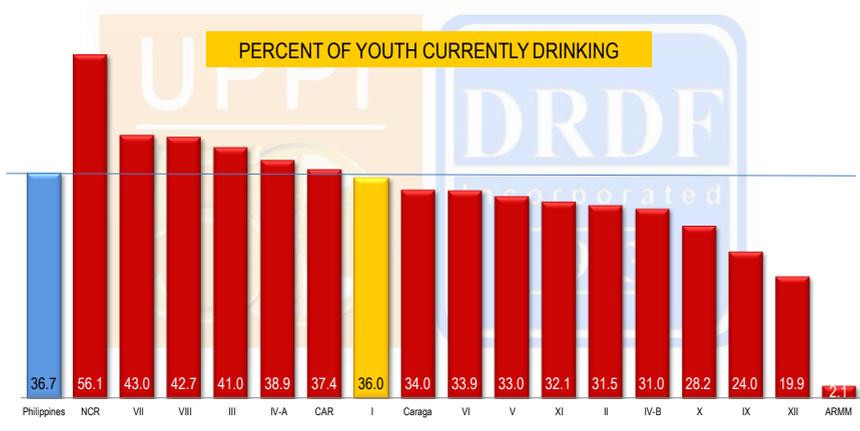
There is a slight decline in the proportion of currently smoking youth



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

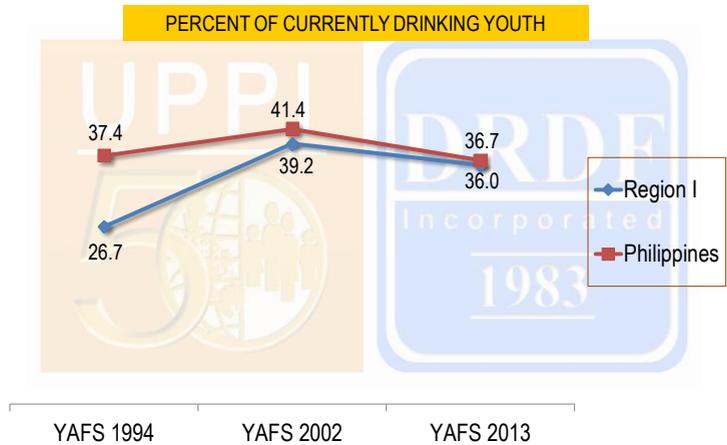
Proportion of Region I youth who are currently drinking is about the same as the national level



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

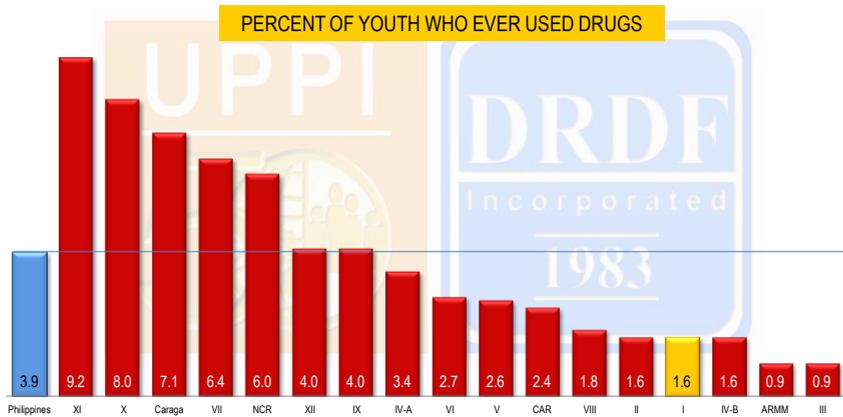
There is a decline in the proportion of currently drinking youth



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

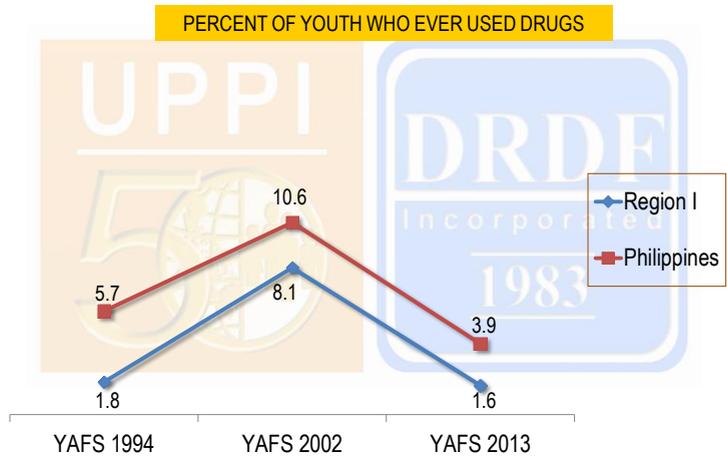
Proportion of Region I youth who have used drugs is the 2nd lowest in the country



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

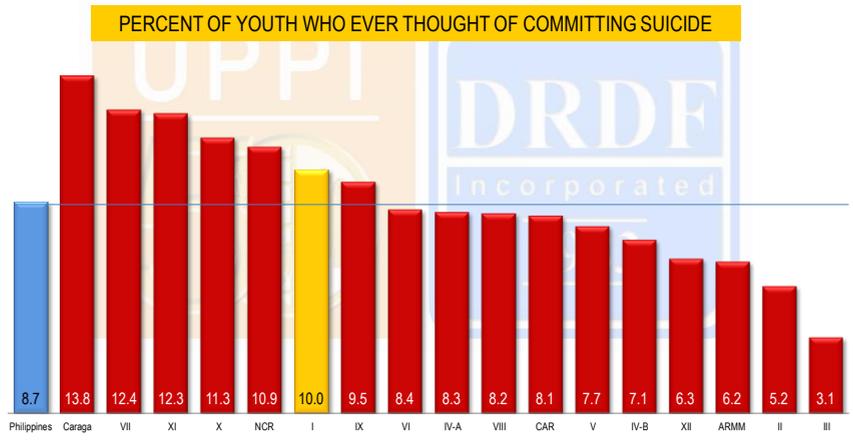
There is a steep decline in the proportion of youth who ever used drugs



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

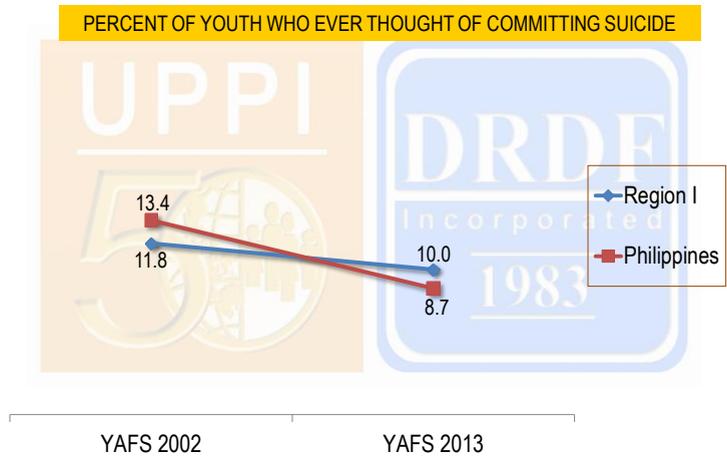
1 in 10 Region I youth have ever thought of committing suicide



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

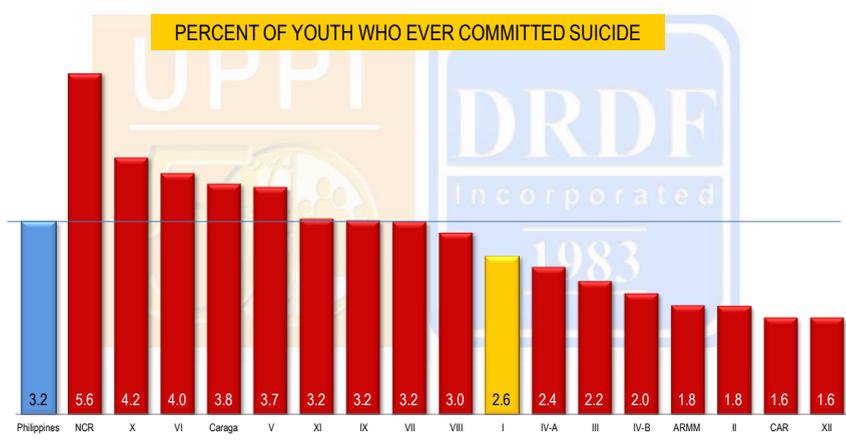
Slight decline in the proportion of youth who ever thought of committing suicide



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

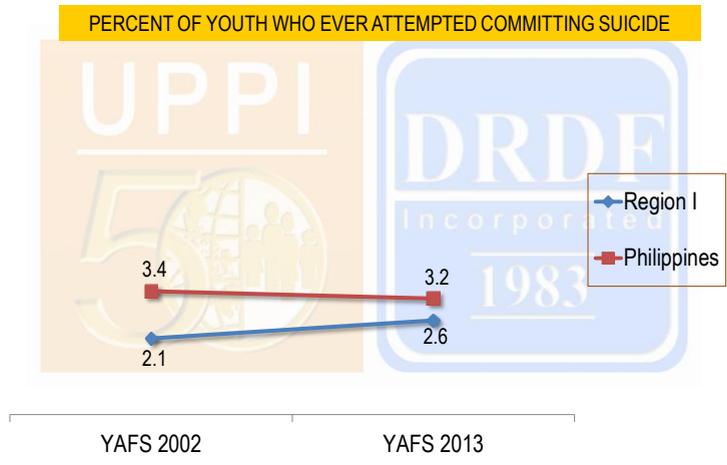
Nearly 3 in 100 Region I youth have attempted to commit suicide



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

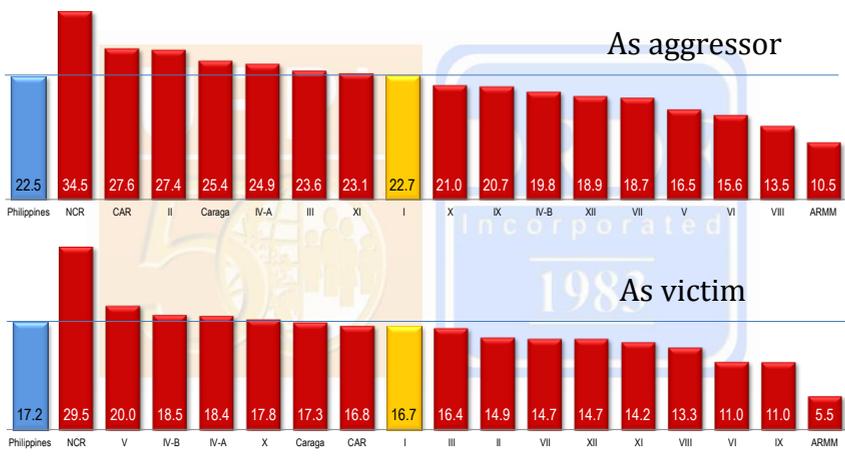
Slight increase in the proportion of Region I youth who ever attempted suicide



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

Proportion of Region I youth who have been aggressors of violence is the same as the national level; the proportion who have been victims is considerably less

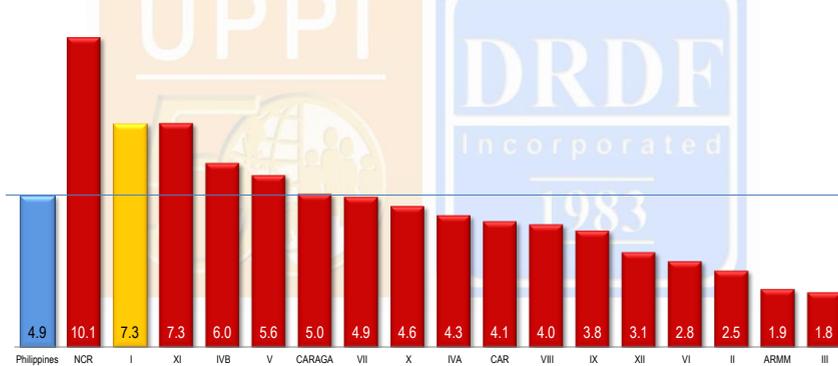


#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

Proportion of youth who have experienced harassment using technology is the 2nd highest in the country

PERCENT OF YOUTH WHO EXPERIENCED HARASSMENT WITH THE USE OF TECHNOLOGY

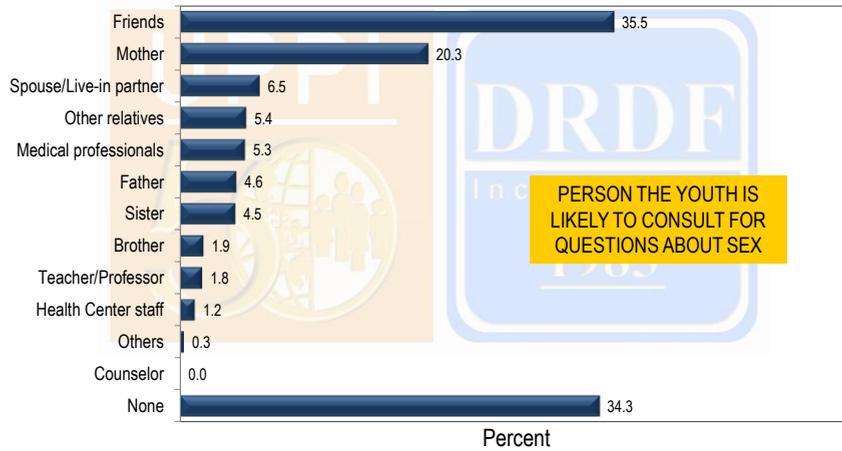


#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

UsapangSex
SOURCES OF INFORMATION ABOUT SEX

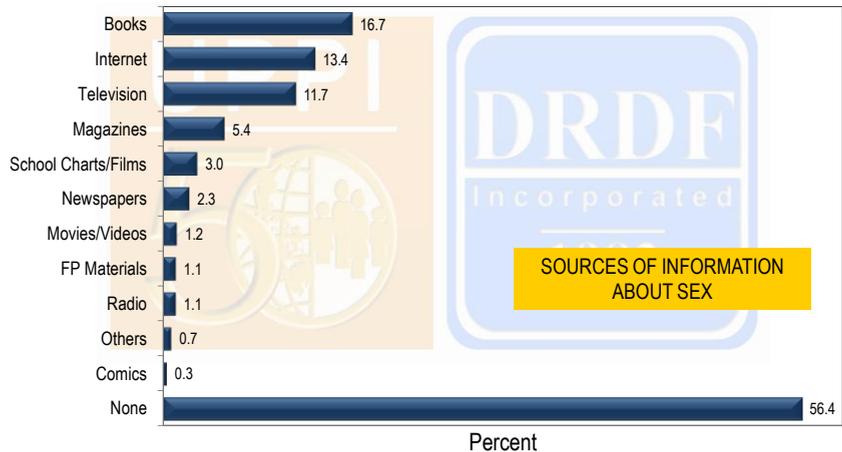
Friends and mothers are the persons most Region I youth will consult if they have questions about sex; 1 in 3 will consult no one



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

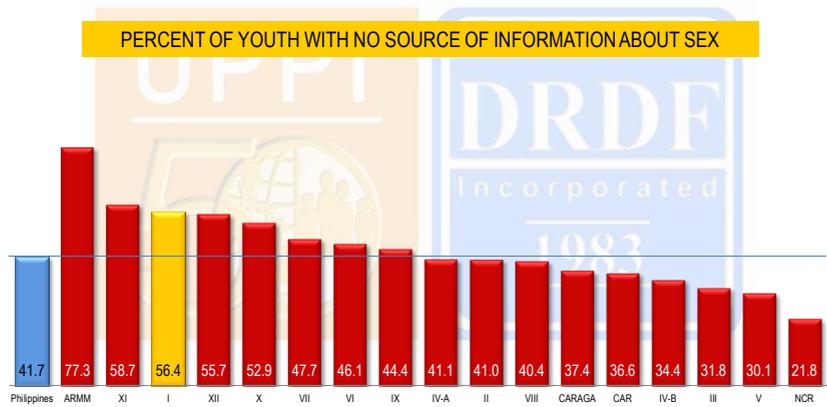
Majority of the youth reported to have no source of information about sex



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

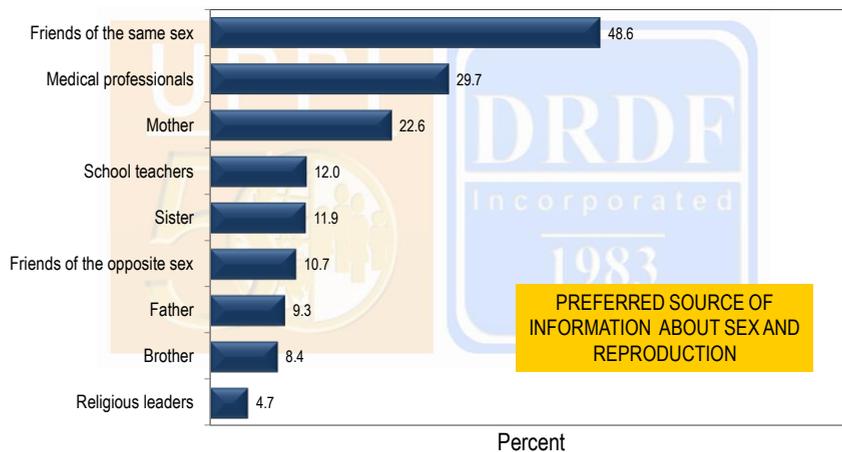
The proportion of Region I youth who have no source of information about sex is the 3rd highest in the country



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

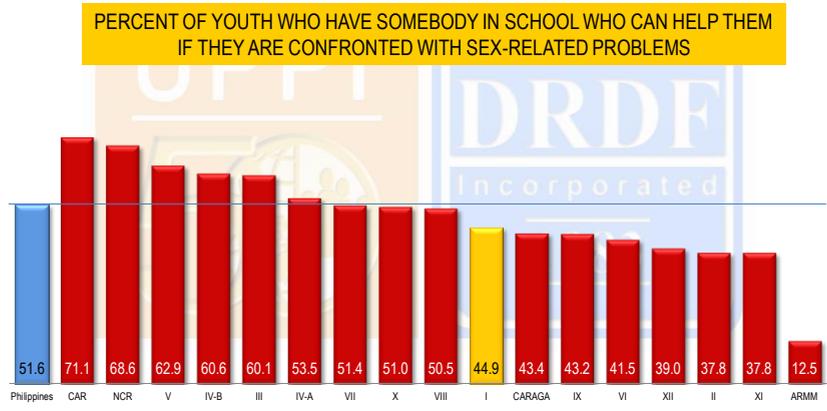
Friends of the same sex, medical professionals and mothers are the reported sources of information about sex and reproduction by most Region I youth



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

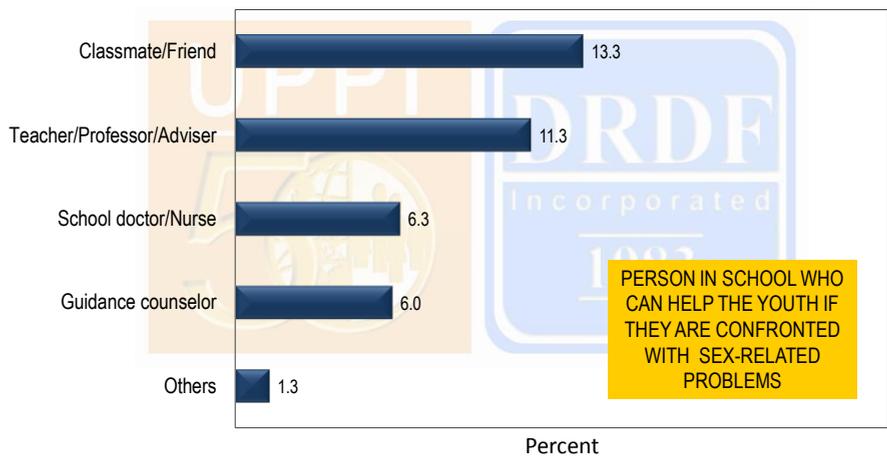
Proportion of Region I youth who can find help in school regarding sex-related problems is below the national level



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

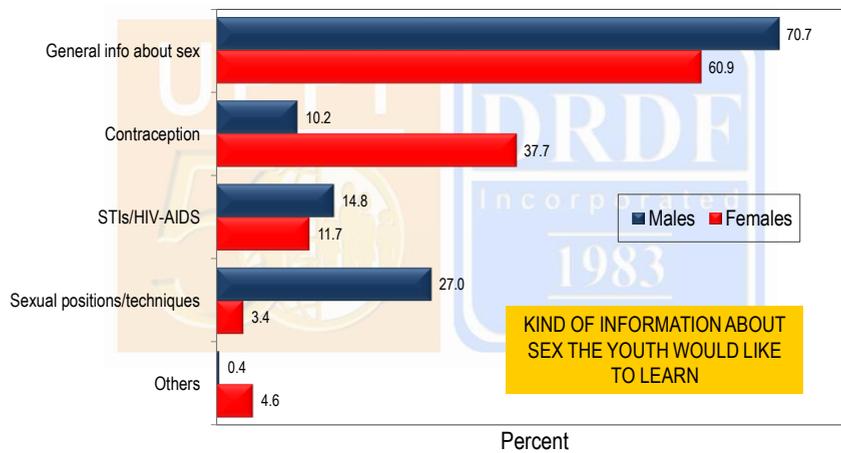
Most Region I youth identified their classmates/friends as the ones at school who can help them if they have any sex-related problem



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

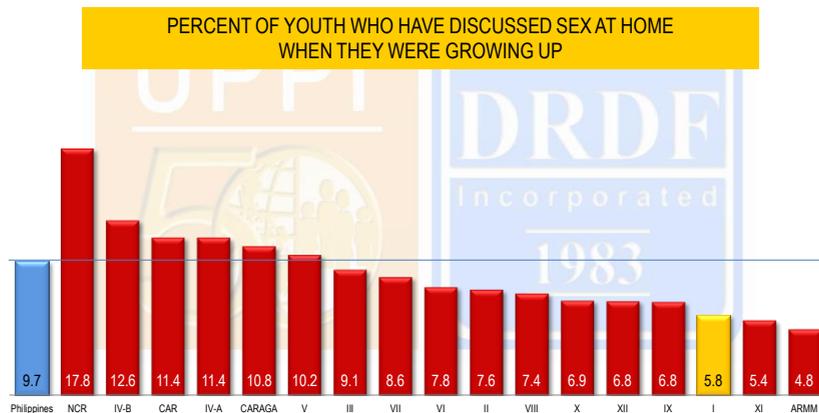
Region I youth would like to learn general information about sex the most



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

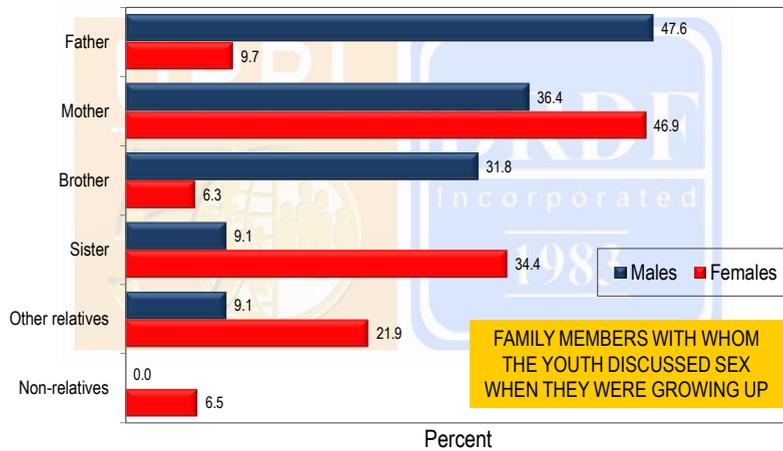
Proportion of youth who have discussed sex at home while growing up is the 3rd lowest in the country



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

Most discussions of sex at home are between fathers and sons, mothers and daughters



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

SUMMARY

Profile of Region I youth

- One of the best regional education profiles registering the 5th highest % of youth who have at least some college education;
- % working is below the national average
- % of working students is 4th highest in the country
- % who are idle is the 4th lowest in the country
- % of currently living-in youth is much bigger than the % of formally married youth

#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

SUMMARY

Media exposure of Region I youth

- 2nd highest ownership of cellular phone (86.8%)
- Internet use is working its way among Region I youth:
 - Internet use (66.3%)
 - Duration of internet use (4.9hours/week vs. 6.4 at the national level)
 - With a social media account (59.8%)
 - With an email account (60.3%)
 - With online friends who they have not met personally (29.7%)

Health and lifestyle of Region I youth

- Nearly half of Region I youth exercise at least twice a week
- Very high consumers of unhealthy foods and drinks

#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

SUMMARY

Non-sexual risk behaviors of Region I youth

- Decreasing % of currently smoking, currently drinking, and drug-using youth in the past decade, resembling the national trend
- % who are smoking, drinking, and have ever used drugs are all below the national level:
 - Currently smoking (18.6%)
 - Currently drinking (36%)
 - Ever used drugs (1.6%)
- Proportion of youth who ever thought of committing suicide: 10% (vs. 8.7 at the national level)
- 2.6% of youth ever attempted suicide (vs 3.2 at the national level)
- 7.3% of youth experienced harassment using technology, the 2nd highest in the country

#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

SUMMARY

Sources of information about sex and reproduction

- Friends and Mothers are the persons they will turn to if they have questions about sex
- Most young people rely on books and internet for information about sex
- The 56.4% of Region I youth who rely on themselves for information about sex, the 3rd highest in the country, is a cause for concern
- A great majority of Region I youth would like to learn about sex and reproduction from friends of the same sex, distantly followed by medical professionals
- Very little discussion of sex at home
 - Most discussions of sex at home transpire between fathers and sons, and mothers and daughters

#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute



Thank You!

www.drdf.org.ph
yafs4@drdf.org.ph
www.facebook.com/yafs4

Young Adult Fertility & Sexuality Study (YAFS4)



www.drdf.org.ph
yafs4@drdf.org.ph
www.facebook.com/yafs4